

Your "Life Story"

Your name.....Sheila.....

Important memories to you from age 1 – 10	From age 11 to 2019	Now aged...78.....
A smell or taste Mam's Apple Pie & Tarry Rope	Oil Paint,Clay, Cut Grass	The Sea and River.. my friend Jen's Apple Pies
<i>Why? reminds me of happy family eating Together. My Dad's Ship</i>	<i>Started Oils 11-78. Pottery 20- 75 lucky to have gardens</i>	<i>10 years in Ireland made me appreciate home more..all of us love Jen's cooking</i>
A special place- Garage, Small table in corner of living room	Attic,bedroom/Studio	Garage, Small table in corner of my bedroom
<i>Why? Could mess about in both places with plasticine & wood</i>	<i>wherever I lived I was given or later made a place to make...lucky!</i>	<i>Can mess about in both places with plasticine /wood/computers</i>
A sound Dad shaving singing Irish songs and shanties	Music pop,and classic Cat's Purring and Miaows	Bird song in the morning Kiddies laughing and playing
<i>Why? Fun and restful</i>	<i>Music made me an animator Cats have always been my friends</i>	<i>Sounds of Nature are precious override harsh man-made sounds</i>
What you enjoyed doing most? MAKING and playing out	Travelling & coming home-making & encouraging others to make	MAKING and "playing in" walking just for fun
<i>Why? Felt at home making, fun to play in street with friends</i>	<i>Mam always "made Stuff" kept her going whatever life chucked at her – I tried to do the same</i>	<i>Feel at home making, fun to walk and play cards with friends</i>

Something someone said or did that has helped you live your life the way you want to:

My Dad wrote in my autograph book when I was 8/9 "To your own self be true".. never knew what it meant at the time... now I do.

My Mam (and Winston Churchill) said "Never, Never, Never Give Up " and I've tried not to.

Taken to see Walt Disney's Fantasia when I was 6 – made me an animator when I was 36.

Mrs Burroughs at School for Training Art Teachers 1960 asked us all "What is Art"

Then the course went on to show us all that "Everyone is an Artist"

"Everyone's an Artist" sg@sheilagraberanimation.com